

Family Resources

High River Family and Community Support Services

403-652-8620

Salvation Army Food Bank

403-652-2195

Wild Rose Community Connections

- FamilyConnexx, DadConnexx, CaringConnexx, FoodConnexx

403-601-2910

Distress Centre

403-652-5325

Greater Foothills Family Resource Network

403-652-8633

Kids Help Phone

- Canada's mental health service for young people. Kids and teens can go online, call, or text 686868.

1-800-668-6868

Mental Health Help Line

1-877-303-2642

Bullying Help Line

- Get help and chat online or call

1-888-456-2323

Child Abuse Hotline

- Find help for child abuse, neglect, and sexual exploitation online or call

1-800-387-5437

Family Violence Info Line

- Chat online or call

310-1818

Connect Teen- 24 hr call centre

403-264-8336 (TEEN)



Foothills Victim Services

403-652-2359

Suicide Crisis Hotline

1.800.784.2433

Foothills Community Immigrant Services

403-266-4357

DOPE Team

403-998-7388

- Emergency transportation in cold weather to shelter in Calgary

Access Mental Health

403-943-1500

- Toll Free

1-844-943-1500

Social Services Response Team

403-295-2995

