

# Mental Health Capacity Building (MHCB)

## Program Highlights 2021-2022

### High River Program Statistics



10,090 total population served



7,696 students reached



12 communities served

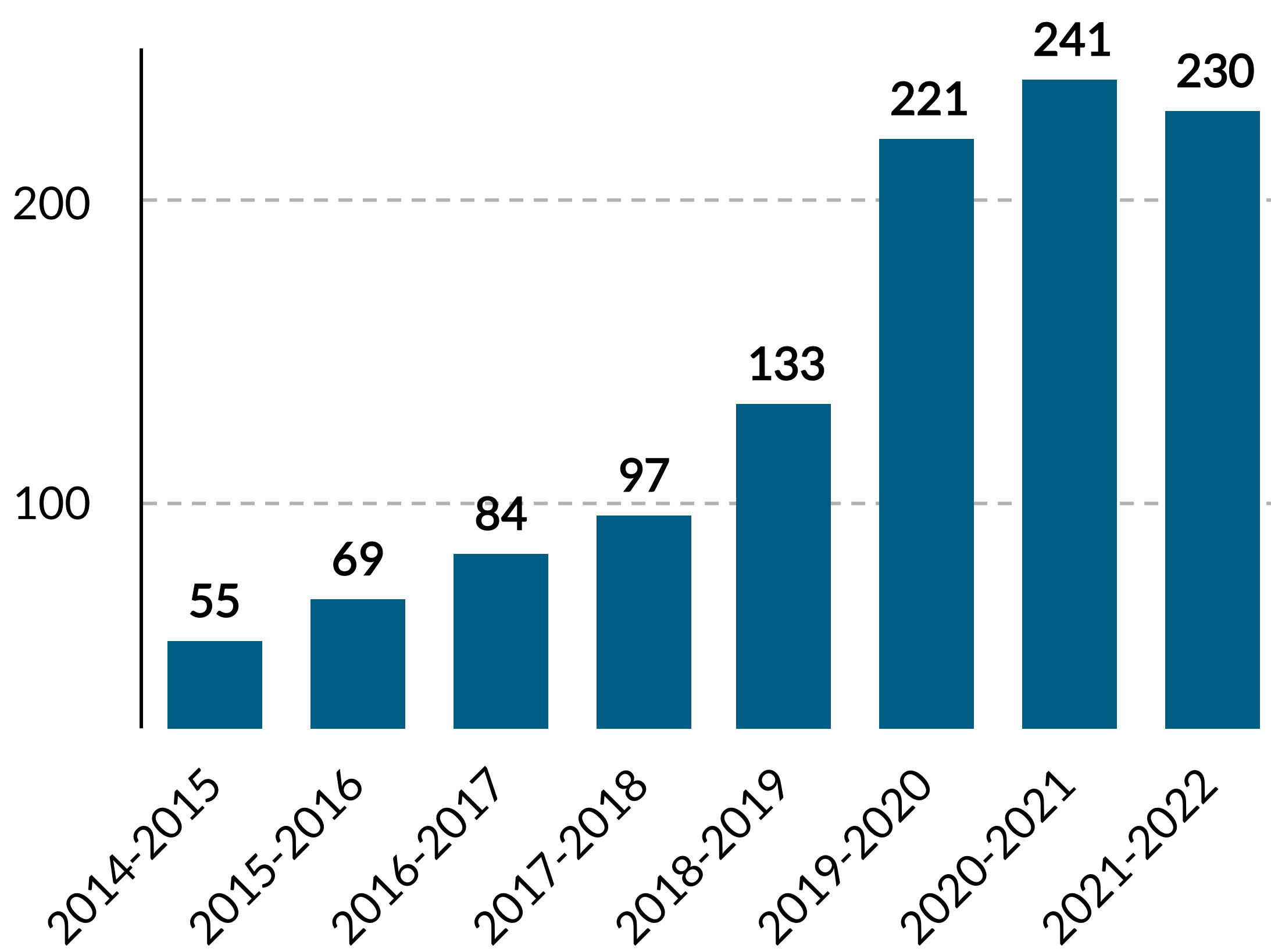


25 schools served

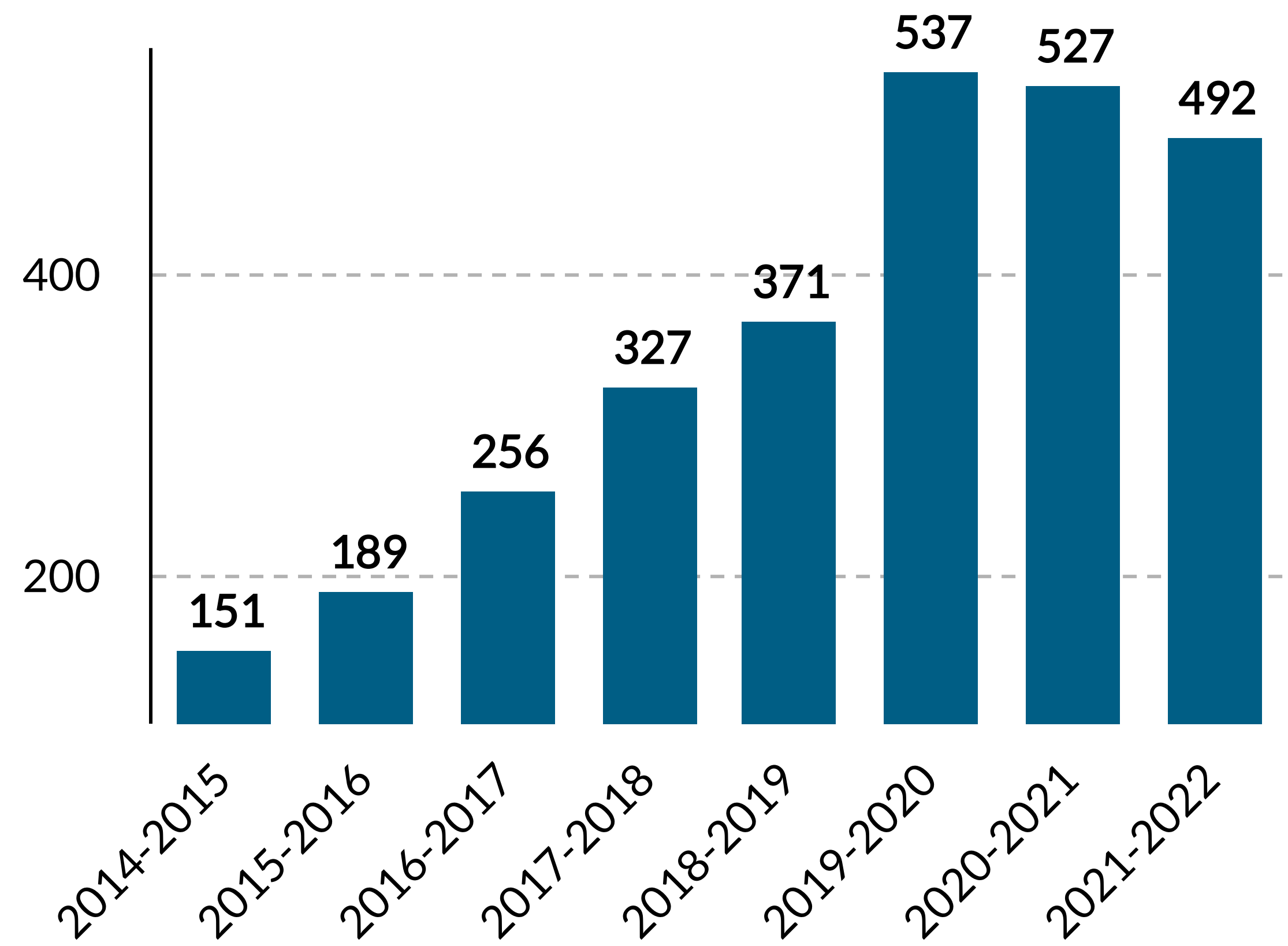
### Program Growth

The number of communities and schools served has grown exponentially since 2014. Program growth peaked in 2019-2020 and has slowed slightly since this time, due to an initial overreach in service provision in 2019-2020 and changes to funding/operations.

#### Communities Served



#### Schools Served



Prepared by Knowledge Exchange, Provincial Addiction and Mental Health

For more information, contact [MHCB@albertahealthservices.ca](mailto:MHCB@albertahealthservices.ca)

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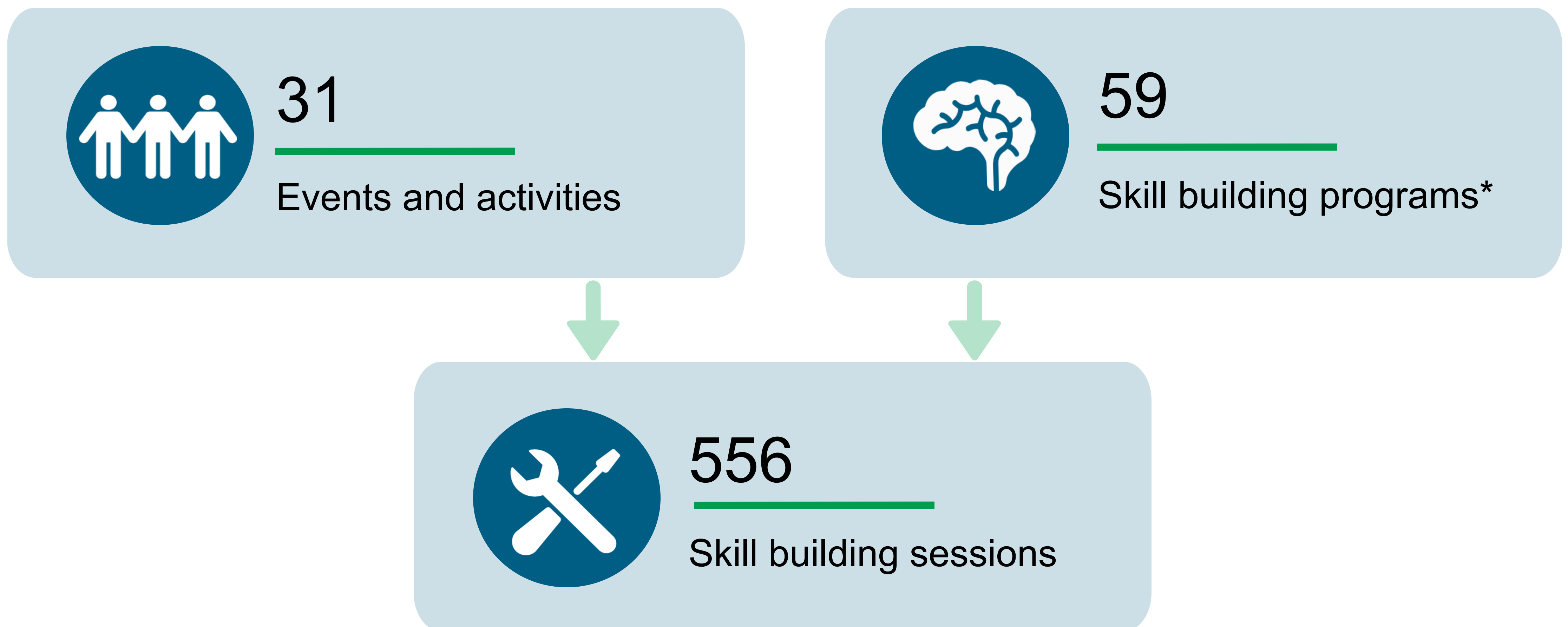


Mental Health  
Capacity Building

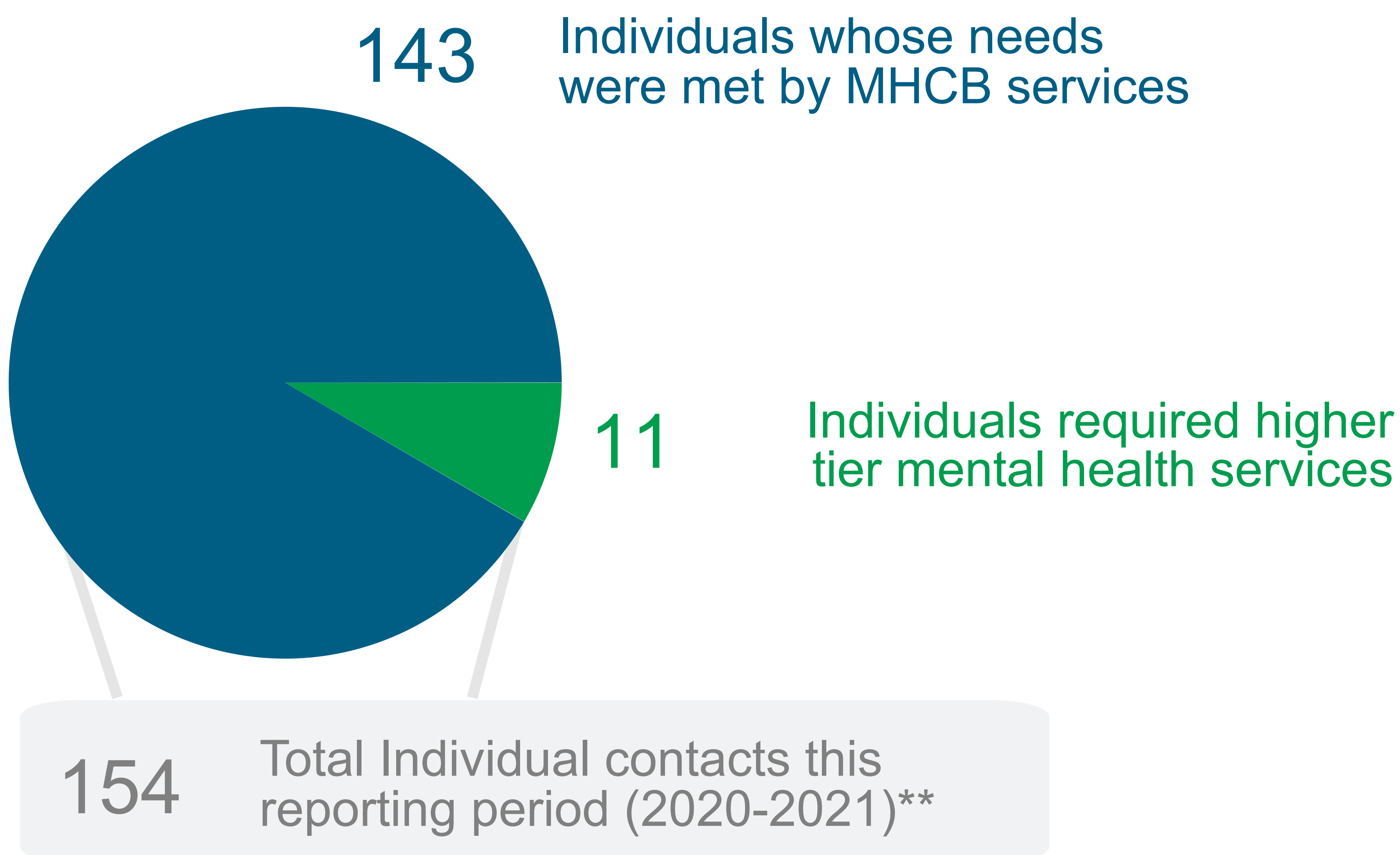
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## Program Highlights 2021-2022

### High River Programming Delivered



### Diversions from Higher Tier AHS Mental Health Services



For more information, contact [MHCB@albertahealthservices.ca](mailto:MHCB@albertahealthservices.ca)

\*Skill building programs include, evidenced based programs such as 4th R, Second Step and self developed/evidence informed programming, delivered within classrooms.

\*\*Individual contacts are not counseling but where MHCB staff meet with individuals for 30 minutes of greater in length.



Mental Health  
Capacity Building

## Presentations

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- 49 Presentations delivered
- 1,143 Attendees

## Capacity Built

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- Capacity was built in school staff to deliver programming
- 80 Sessions delivered
- 261 Students served

## Summer Programming

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- 33 Skill building sessions and events
- 787 Attendees

## Professional Development

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- 0 Educational sessions delivered
- 0 Attendees