

7-Oct-21

To: Staff and Parents/Guardians of students at **Meadow Ridge School**

RE: Notice of COVID-19 Outbreak in a School Setting

The Medical Officer of Health has declared a COVID-19 outbreak at the school named above. Outbreak control measures at the school will be reviewed and additional measures to limit further spread may be implemented.

Please be aware of the following requirements and recommendations:

- All staff and students must continue to use the COVID-19 [Alberta Health Daily Checklist](#) daily to determine if they may attend school.
 - If staff or students develop symptoms, they must isolate at home immediately. Complete the AHS [COVID-19 Self-Assessment](#) tool or call Health Link at 811 as soon as possible to arrange for COVID-19 testing.
 - If booking a COVID-19 test, please use Outbreak EI Number **[2021-10592]**.
- Household contacts of a case of COVID-19 are strongly recommended to stay home for 14 days from last exposure to the person with COVID-19, if they are not fully immunized.
- If required, classroom close contacts will be contacted by AHS.
- If staff or students require medical attention, please call ahead to the health care provider or call Health Link at 811 so that safe care can be provided.

COVID-19 is passed from person to person through tiny droplets of liquid, spread by coughing, sneezing, talking, laughing and singing. Indoor gatherings and crowded places increase the chance of spreading the virus through the air.

To help minimize spread of COVID-19, we recommend the following:

- Get immunized against COVID-19. Immunization protects the individual and those who are not immunized. The best way to protect children too young for COVID-19 vaccine is to ensure all adults and older children around them are immunized.
- If eligible for COVID-19 vaccine and not fully immunized with two doses, please [book an appointment](#) online or call 811.
- Ensure all immunizations are up to date, including annual influenza vaccine.
- Wash hands often with soap and water thoroughly for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available and hands are not visibly dirty.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your mouth and nose with a tissue or your sleeve when you cough or sneeze. Throw used tissues in the garbage and immediately wash hands with soap and water for at least 20 seconds.
- Stay home if you're sick. [If your kids are sick](#), keep them home from childcare or school at the first sign of illness.
- Clean and disinfect surfaces that are touched often and shared by everyone in your home such as door knobs, light switches and bathroom taps.
- Wear a mask and keep your distance from others when in public places.
- Limit time spent in indoor, crowded public places when possible.

For further information, please call Health Link at 811, or visit the Alberta Health Services website for [COVID-19](#).

Thank you.

Public Health,
Communicable Disease Control