

Heritage Heights School



Junior High Option Courses

This booklet contains information about CTF, Fine Arts, and Second Language options for the 2021-2022 school year. We are looking forward to launching a regular options program next year to support all learners to explore career, artistic expression and student driven course content as our young students plan for their high school pathways. Optional courses will be allocated based on student requests and multiple offerings may be held for certain courses depending on student requests.

Terms and Definitions

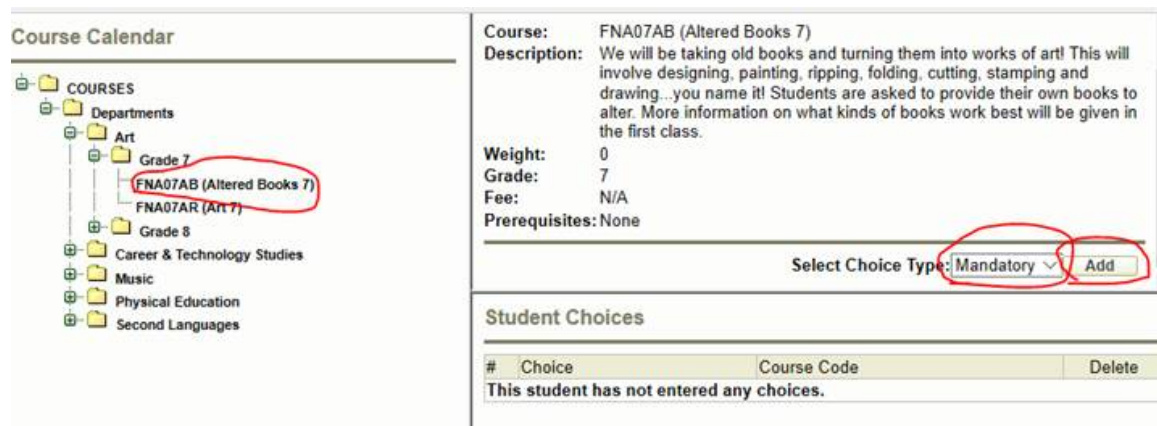
- CTF (Career and Technology Foundations) is a group of courses offered to develop skills and interest in a variety of career domains. Students will be able to build a digital portfolio of skills and projects to earn an Innovator designation through these offerings by the end of grade 9. It is recommended that all students take a variety of choices that are within this domain.
- Elective courses will return to multi-grading next fall. Grade 7,8, and 9 will likely be in the same option courses depending on interest and availability of courses.
- Full year courses such as band and Husky Ice Level 2 may limit option choices but an effort will be made to include them in as many as their schedule will allow.
- Students will self-select, through Maplewood (ConnectEd), their first choice (Mandatory) and other choices by indicating they are “electives” and we will work to fill their schedule effectively based on these needs.
- Full schedule and choice of options will be provided in late August for the fall with an opportunity to apply to create changes for reasons other than friendships in the fall.
- Courses that have large costs associated are listed in the description, however, all courses could have a fee associated of no more than \$25 depending on enrolment for basic supplies.

Directions for option selection:

1. Students will review the optional choices with their parents to choose their desired courses for next fall.
2. Students will login (email including username and password will be sent to all students) to their Connect Ed account at the link below.
<https://connect.edsembli.com/AB/FSD/hhts/Portal/viewer/Login/Login.aspx?logintype=S>
3. Follow the instructions below to select your choices.

Instructions for Maplewood Course Registration:

1. Using the Link below **log on to Student Maplewood**, or enter through school website
3. **Select** “Timetables”, then “Choices”.
4. **Choose** “Edit” on the right side of the screen.
5. A list of folders will appear. Each folder contains grades and the options specific to those grades. Click on the plus sign (+) next to the folder of your choice to see its contents.
6. Your **1st choice** needs to be selected as “**mandatory**”. This is the one course that is most important to you. The next 5 choices to be selected as “elective”, and 2 must be selected as “alternative”. The “alternatives” are back up choices in case due to scheduling some electives are not available. If Band is a choice – it must be noted as a “**mandatory**” selection, as it is a full year course.
7. **Click “Add”**. Your selection should appear in the “Student Choices” list at the bottom of the window.



Course Calendar

- COURSES
 - Departments
 - Art
 - Grade 7
 - FNA07AB (Altered Books 7)**
 - FNA07AR (Art 7)
 - Grade 8
 - Career & Technology Studies
 - Music
 - Physical Education
 - Second Languages

Course: FNA07AB (Altered Books 7)
Description: We will be taking old books and turning them into works of art! This will involve designing, painting, ripping, folding, cutting, stamping and drawing...you name it! Students are asked to provide their own books to alter. More information on what kinds of books work best will be given in the first class.
Weight: 0
Grade: 7
Fee: N/A
Prerequisites: None

Select Choice Type: **Mandatory** **Add**

Student Choices

#	Choice	Course Code	Delete
This student has not entered any choices.			

8. Continue this process until you have completed 6 units of options (ie: six 1 unit; or three 1 unit and one 3 unit). Example: Band(3), STEM(1), Art(1), Drama(1), = 6 units total. Note: Can select “mandatory” for top two choices. Husky Ice Level 1 counts as **one unit**, Husky Ice Level 2 counts as **two units**.
9. Then add 2 “alternate” selections by repeating steps 6 through 8 but ensure the choice type is “**alternate**”. Total Units at this point should = 8. (See screen shot below).
10. **Review all choices and select “Close”**. Your selections should appear at the bottom of the window. If you made an error, you can delete your choice and add another. If all choices are good, you are done and can log off.

Student Choices

#	Course Code	Course Name	Choice Type
1	FNA08BA	Band 8	Mandatory
2	OPT08DD	Digital Design 8	Mandatory
3	FNA08AR	Art 8	Elective
4	OPT08RE	Archery 8	Elective
5	OPT08FT	Fitness 8	Alternate
6	OPT08GU	Guitar 8	Alternate

Student Choices

#	Course Code	Course Name	Choice Type
1	OPT07PH	Photography 7	Mandatory
2	OPT07SG	Strategy Games 7	Elective
3	CON07WD	7 Woods	Elective
4	OPT07DD	Digital Design 7	Elective
5	OPT07RE	Archery 7	Elective
6	FOD07	Foods 7	Elective
7	OPT07TC	Technology 7	Alternate
8	OPT07TW	Tech Wheel 7	Alternate

This is just an example of what your course selection screen will look like.

Course Descriptions (Also available when you log in)

Category	Description
Fine Arts	Art: Students will learn and explore the Elements of Design (Line, Color, Shape, etc.) through a variety of mediums (acrylic, water color, chalk, clay, etc.). We will learn to critique art through an artist's eye to improve in our own compositions.
Fine Arts	Drama: Drama is a movement and performance-based class that focuses on physical, verbal and non-verbal expression. Students will participate in theatre sports and improvisation games. In depth studies may include: pantomime, tableau, puppetry, character studies, radio plays and performance.
Fine Arts	Band: Junior and Senior Band are the classes for students wishing to continue building music technique and performance skills on concert band instruments. This is a yearlong option and in our rehearsals the ensemble will focus on technique, pieces, music appreciation and work together towards performances for the school, community, band camps and festivals. We will all travel together to Band Camp in Term 2 to build our ensemble skills in preparation for spring Festivals and performances. Band is a class where you will not only be learning music but be an extremely valuable part of our team, have the chance to build your leadership skills and push yourself musically – you will be surprised what will be accomplished! (Rental Fee \$100.00; Cost for camps, festivals, etc. to be determined).

Fine Arts	Discover Music: Music captures moments in history. In this class you will study the musical influences that continue to drive culture to this day. From exploring the roots of movements such as rock, rap and country music, students will examine who they are through the music that they listen to. Student work will culminate in “DJ”ing their life story through the music of their time.
Fine Arts	Musical Theatre Arts: This option will focus on both the artistic and technical elements of musical theatre production. Students will develop a greater understanding of lighting, sound and set design as well as blocking, characterization, costume design and vocalization. In depth studies will include: technical theatre, monologues, and script writing.
Business (CTF)	Corporate Canada: There may be no greater influence on the lives of everyday Canadians than economics. In this class, students will learn the intricacies of running a small business, as well as examining how the market works as a whole. Students will also learn the basics of personal finance, how to keep track of their money, and how to use their earnings in order to achieve personal goals.
Human Services (CTF)	Foods: Students in Grade 7, 8 and 9 will explore their inner creativity with food. Bring your appetite and be prepared to try new foods! Grade 7 students are taught both equipment and food safety skills as well as how to follow recipes and prepare the recipes in a safe and efficient manner. Grade 8 students will design their weekly menu, order ingredients, and prepare meals of their choosing according to our Master Chef theme of the week. Grade 9 will begin with a refresher of the previous year and may take modules around food handling and production in an industrial kitchen (COVID restriction dependent).
Human Services (CTF)	Leadership: Students will collaborate and mentor others within the school, community and world to plan and initiate projects and activities. We will work on our leadership skills, role model traits and learn about what it takes to be a leader through the lens of Leader in Me. All students in grade 7 are enrolled in one term of leadership.
Technology (CTF)	STEAM Lab: Students will participate in STEAM based challenges to solve problems in our STEAM lab. Time will be allowed for self-selected independent and group collaborative time creating products that combine more than one of tenants of STEAM: Science Technology Engineering Art and Math.
Communications (CTF)	Photography: Photography is a course focused on developing student confidence in utilizing a variety of camera types as they develop their understanding of exposure, composition and digital processing. In depth studies may include: Exposure, Digital Processing, Landscape, Portraiture, Journalistic, and Forced Perspective Photography.

Communications (CTF)	Comm Tech: Comm Tech is about using technology in order to further the communication of information. Using the Adobe suite of applications like Photoshop or In-Design, students will use these tools to design ways in which to communicate information such as pamphlets, posters, and newsletters. Students may also use the option for self-study in the area of computer coding or creating digital animation.
Resources (CTF)	Outdoor Pursuits: This outdoor education involves the basic outdoor skills and attitudes in order to maintain a connection with the natural world. During this option you will learn about knots, shelter building, navigation, first aid, core hiking skills, group dynamics, leadership, and fire building.
Independent Study (CTF)	Genius Hour: This option is for students who have a distinct interest in an area of study of their choice. Categories could include areas such as music, physical education, business, school subject areas, foods, etc. Students interested in this course are to write a one-page independent study proposal explaining the area of interest they would like to pursue. This proposal will outline a specific end product that students would like to create in order to be accountable for their learning, as well as what they will be doing in each of their classes in order to achieve their final goal. Students have the opportunity to sign up either individually or within a small team, but must remain a part of this team throughout the duration of the course. They will be working closely with their teacher to ensure that they are continuously learning and achieving at a high level. This option is best suited for students that have excellent independent working skills and are highly motivated to achieve success in their selected field. (PLEASE NOTE: this will not be available to choose at this time. Students will be allowed to apply for Genius Hour in the fall to replace an existing option on their timetable later in the year.)
Athletic Enrichment	Heritage Heights Cross Fit: Students will challenge themselves through physical pursuits. We will work on strength, power, coordination and endurance. A sport medicine component will be included. (PLEASE NOTE: we are striving to make this course a regular component of our physical education classes so that ALL students may have this built into their schedule. Just in case we are unable to do this, you are allowed to indicate that this is a desired course in your schedule and we will schedule as an option.)
Athletic Enrichment	Husky Ice Level 1: Heritage Heights School is excited to be able to offer a Hockey Skills exploratory class for our grade 7-9 students. The Husky Ice class is open to any Heritage Heights student that is interested in developing their on-ice skills, skating skills, teamwork skills, or just enjoy being on the ice. This class is also designed to enable the student to develop the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle. Through hockey and on ice skills, students will learn life lessons and problem-solving

	<p>techniques that they will be able to use in the future. Fee for this course is TBD based on the number of players (approximately \$200 ice fee; \$75 jersey fee). Jersey fee is one time only. (PLEASE NOTE: if you are wanting this option, please mark as “Mandatory” when selecting options.)</p>
Athletic Enrichment	<p>Husky Ice Level 2: This is a program committed to helping students build their fundamental hockey and leadership skills. Husky Ice level 2 is a high intensity program, which consists of 45 plus on ice sessions. It is for the dedicated athlete who consistently demonstrates good character and takes pride in being a husky leader. Come into the program ready to work hard and have fun working on building hockey IQ, power skating, stick handling, shooting, and much more. Fee for this course is TBD based on the number of players (approximately \$300 ice fee; \$75 jersey fee). Jersey fee is one time only. (PLEASE NOTE: if you are wanting this option, please mark as “Mandatory” when selecting options.)</p>
Languages	<p>Spanish: Introductory Spanish will allow you the opportunity to discover and enjoy the rich and varied cultures of the Spanish-speaking world, while learning simple phrases and words. By the end of this class, you will be able to communicate at a basic level in oral and written form. Learning another language can improve your grammar abilities in your first language. It also improves your ability to conceptualize, think abstractly and have more brain flexibility.</p>