

Weaving Our Way With FSD

Aligning Indigenous ways of knowing with AB Student Competencies and Indigenous philosophies on positive youth development.

This diagram, created by Charity Tegler, is used in professional learning to align Indigenous worldviews and philosophies of resiliency with the Alberta Student Competencies. It serves as a visual representation of our shared responsibility and commitment to teaching and learning through multiple perspectives and with cultural awareness. Holistic education develops the mental, physical, emotional, and spiritual aspects of ourselves and are represented in the dimensions of self, labeled within the medicine wheel at the center of the diagram.

The Alberta student competencies circle around the four states of being and are supported by teachers to develop the knowledge, skills, and attitudes that students need in their personal journeys of learning, working, and living in our world. Surrounding the student competencies are the four components of the Circle of Courage, which is a philosophy for positive youth development and considered code to building resilient children. The Circle of Courage blends traditional Indigenous beliefs and practices in raising children with modern research on youth development. Many of these concepts overlap and support the development and success of one another. Learning and developing each of the pieces is a continual process represented in the circle which has no beginning or end. We support our students in preparing for lifelong learning to strive for balance and harmony in their growth and development.

